

Reminder: Log on today!

One-touch access to healthcare and insurance help

Free • Convenient • On-the-Go Help

The Health Advocate app makes it easy to get in touch with a Personal Health Advocate and get help handling a wide variety of healthcare and insurance issues.

- Get personalized help improving your health and saving on healthcare costs
- Instantly upload relevant documents and forms
- View tips on important consumer topics like ways to save money on your healthcare expenses or how to make the most of your medical visits
- Access trusted information on virtually any health topic like weight loss, pregnancy, first aid, chronic conditions and much more
- Get 24/7 live support from your Personal Health Advocate, who is standing by to answer your questions or help you with any of your healthcare- and insurance-related issues



How to Download our FREE Mobile App



(for iPhone and iPad):

1. Tap the AppStore icon on the home screen.
2. Tap the magnifier search icon at the bottom of the screen, and type "Health Advocate" in the search bar.
3. Tap INSTALL.



(for Android):

1. Tap the Google Play icon on the home screen.
2. Tap the magnifier search icon in the top right corner, and type "Health Advocate" in the search bar.
3. Tap INSTALL.

Once you've downloaded the app, be sure to register!

- Tap the Health Advocate app icon on your phone to open the app
- Tap the **Member Login** button
- Type the **name of your organization**, select it from the drop-down box, and click "Continue"

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Turn to us—we can help.



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